

**This Train the Trainer process is scheduled for the following dates and locations:**

**October 16-17**

Renaissance St. Louis Airport Hotel  
9801 Natural Bridge Road,  
St. Louis, Missouri 63134  
314.890.3092

**October 17-18**

Lenior Woods Community Center  
AB Room, 1 Hourigan Drive,  
Columbia, Missouri 65201  
573.876.5806

**October 19-20**

Southeast Missouri State University  
The University Room, One University Plaza,  
Cape Girardeau MO 63701  
573.651.2282

**November 14-15**

North Kansas City Hospital, Health Services  
Pavilion, Prairie View Room,  
2800 Clay Edwards Drive,  
North Kansas City, MO 64116  
816.691.1690

**November 16-17**

St. Johns Hammons Heart Institute  
Auditorium, 1235 East Cherokee,  
Springfield, MO 65804  
417.820.2000

**This is a mandatory training for the Nutrition Coordinator. Funds were allocated to local WIC providers, depending upon their caseload.**

**VENA Training - Tentative Agenda**

**DAY ONE**

<b>8:00am</b>	<b>Sign-In</b>
<b>8:30am</b>	<b>Welcome and Introductions</b> MO State WIC Staff and Rochester Institute of Technology (RIT) Trainer
<b>9:00am</b>	<b>Agenda Overview</b> MO State WIC Staff
<b>9:15am</b>	<b>Critical Thinking</b> RIT Trainer
<b>10:30am</b>	<b>Break</b>
<b>10:45am</b>	<b>Critical Thinking (con't)</b> RIT Trainer
<b>12:00pm</b>	<b>Lunch (on your own)</b>
<b>1:30pm</b>	<b>Health Outcomes</b> RIT Trainer
<b>3:00pm</b>	<b>Break</b>
<b>3:15pm</b>	<b>Health Outcomes (con't)</b> RIT Trainer
<b>4:15pm</b>	<b>Evaluation</b> MO State WIC Staff

**DAY TWO**

<b>8:00am</b>	<b>Sign-In</b>
<b>8:30am</b>	<b>Welcome and Introductions</b> MO State WIC Staff
<b>8:45am</b>	<b>Agenda Overview</b> MO State WIC Staff
<b>9:00am</b>	<b>Rapport Building</b> MO State WIC Staff
<b>10:15am</b>	<b>Break</b>
<b>10:30am</b>	<b>Rapport Building (con't)</b> MO State WIC Staff
<b>11:15am</b>	<b>Competencies</b> MO State WIC Staff
<b>12:15pm</b>	<b>Lunch (on your own)</b>
<b>1:30pm</b>	<b>Health and Nutrition Assessment</b> MO State WIC Staff
<b>2:45pm</b>	<b>Evaluation</b> MO State WIC Staff
<b>3:00pm</b>	<b>Adjourn</b>



# Value Enhanced Nutrition Assessment



Sponsored by  
Missouri Department of Health  
and Senior Services,  
WIC and Nutrition Services,  
Nutrition Training Institute

October 16-17, 2006 - St. Louis  
October 17-18, 2006 - Columbia  
October 19-20, 2006 - Cape Girardeau  
November 14-15, 2006 - Kansas City  
November 16-17, 2006 - Springfield

**A Positive Approach  
for Positive Results**

VENA Information for WIC Nutrition Staff

# VENA Supports Revitalizing Quality Nutrition Services in WIC

- Provides a positive approach based on desired health outcomes rather than on deficiencies.
- Allows staff and participants to use their limited time to identify individual needs and concerns.
- Complements participant centered nutrition services by creating a partnership with the participant in goal setting.
- Improves staff competencies.
- Guides WIC State agencies in developing nutrition assessment policies and procedures.

## Philosophy

- VENA is the first step in quality nutrition services.
- VENA connects nutrition assessment to effective and appropriate nutrition services that best meet each participant's needs.
- VENA is an integral part of a continual quality improvement process for WIC.

Please contact Phyllis Fuller at [Phyllis.Fuller@dhss.mo.gov](mailto:Phyllis.Fuller@dhss.mo.gov) with questions or if an accommodation is needed.

## VENA Benefits

- Increases the **VALUE** of the WIC experience through a participant centered approach.
- ENHANCES** the quality of WIC services by linking WIC nutrition assessment to the subsequent nutrition services (nutrition education, food package, and referrals).
- Provides a comprehensive **NUTRITION** assessment that considers the WIC participant's mind and body in addition to environmental influences.
- Establishes National standards for the WIC Nutrition **ASSESSMENT** process.



### NOTE:

- Participants are asked to bring a sweater or jacket due to variation in temperature and personal preferences.

**Space is Limited**

## Registration Sheet

Please print the information below and email, fax, or mail by **September 8, 2006**.

### WHICH SITE WOULD YOU LIKE TO ATTEND?

- ☐ October 16-17, 2006 - St. Louis
- ☐ October 17-18, 2006 - Columbia
- ☐ October 19-20, 2006 - Cape Girardeau
- ☐ November 14-15, 2006 - Kansas City
- ☐ November 16-17, 2006 - Springfield

NAME: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

PLACE OF EMPLOYMENT: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE NUMBER: (\_\_\_\_) \_\_\_\_\_

E-MAIL: \_\_\_\_\_

### Send Registration Form To:

Attn: Michele Bailey, Nutrition Training Institute,  
WICNS VENA Training  
Missouri Department of Health and Senior  
Services, 930 Wildwood, P.O. Box 570,  
Jefferson City, MO 65102-0570  
or email to [Michele.Bailey@dhss.mo.gov](mailto:Michele.Bailey@dhss.mo.gov)  
or fax to (573) 526-1470.

**Confirming E-mail With Site  
Information Will Be Sent To You  
As Your Receipt.**